



## **ANDERIDA ADOLESCENT CARE**

### **HIV, AIDS & BODILY FLUID INFECTION**

### **CONTROL POLICY**

Any cuts, scratches or grazes on hands should be covered with waterproof dressings or plasters if carrying out any procedure where there may be contact with potentially infected body fluids i.e. blood, semen, urine etc. Always wear rubber gloves for any of these procedures e.g. changing wet sheets (see Health & Safety policy).

If you are in contact with blood, semen, urine, faeces, sputum or saliva, wash immediately.

Clothes or sheets soiled with semen, blood, urine, faeces, sputum, saliva or vomit should be washed with detergent on the hot wash cycle of the washing machine. If washing clothes by hand, use hot water and detergent and wear rubber gloves, especially if you have any cuts or abrasions.

If there is blood, vomit, semen, sputum, saliva, faeces or urine on the floor or any surface, disinfectant should be applied and left for 10 minutes. Wearing rubber gloves, this should be wiped up with paper towels, which should then be flushed down the toilet or wrapped securely and disposed of through a safe manner.

There is no risk from sharing crockery and cutlery with an HIV positive person, but they should not share a razor, toothbrush or towel with anyone.

Should a needle stick injury occur, or should you be bitten by an HIV positive person, you must allow the wound to bleed freely then wash with soap and water or antiseptic. The accident must be reported to a member of the senior staff. Rubber gloves are issued to the units to be used with blood, faeces etc.

Protective mouthpieces for use during artificial respiration will be made available for use by people holding a current first aid certificate.

Pregnant staff must not come into contact with any person with AIDS due to the cytomegalovirus that they may excrete which is harmful to the unborn baby. This virus is not excreted by someone who is HIV positive, only by someone with AIDS.

If any young people are having sexual relations, they must be offered advice about the risk involved and the precautions to take and made aware of relevant specialist agencies.

