

# **WE ARE ANDERIDA**

## **Residential Care**

- Anderida residential children's homes provide superior therapeutic residential child care, drawing in on our primary therapeutic model of NVR (Non Violent Resistance) for children who have had very difficult and traumatic life experiences and who can demonstrate behaviour that is dangerous and harmful to themselves or others.
- Our homes are normal houses in normal streets. We have a range of homes to meet the individual needs of the children; offering single, dual and triple occupancy homes, with high levels of support from our mentors to assist the young person to reach their full potential.
- In addition to our residential homes in East Sussex, Anderida also specialise in providing emergency placements, stepping in during placement breakdowns and delivering effective time out and respite solutions at our crisis home in the Scottish Highlands where young people engage in a robust programme for 4-8 weeks.
- Anderida Adolescent Care is proud to have achieved Investors in People Platinum Award.

## **Learning Centre**

- The Anderida Learning Centre (ALC) is an alternative independent school based in East Sussex for EBD pupils, aged 11-18. The school offers full and part time provision for pupils who have been excluded or find it difficult to be successful in mainstream schools. They offer both academic and vocational subjects, both in the classroom and on Oliver's Hill care farm, where the young people can embrace a wide range of alternative experiences.
- Many of the young people who attend The Anderida Learning Centre arrive at a point of crisis or conflict in their lives. It is the aim of the learning centre to ensure to help them to regain a sense of confidence and self-esteem which allows them to compete on equal terms with their peers, despite the disruption to their education caused by leaving mainstream school.
- The learning Centre offers all pupils the opportunity to be successful in their academic achievement to achieve their full potential. The Anderida Learning Centre received a grading of 'Good' in their 2019 Ofsted Inspection.

## **Therapy**

- Anderida offers a wide range of therapeutic services and has several qualified Non Violent Resistance practitioners, a Cognitive Behaviour Therapist and a Transactional Analysis Therapist, all of whom are supported by our Consultant Clinical Psychologist.
- Anderida draws on the skills and knowledge of these practitioners to support our children and families but are also able to accept private referrals for individual therapy outside of the organisation.

## **Fostering**

### **'Rehumanising Foster Care'**

- Anderida's Therapeutic Fostering agency aims to provide a service which includes the family members of the young person, making it safe to maintain enduring and long-lasting relationships with them.
- Anderida Foster Care will take a new approach to foster care, promoting and nurturing an inclusive growth mindset. Drawing on our therapeutic models including, non-violent resistance and CBT, we

will offer excellent support, training and supervision for the families who choose to offer a young person a home.

### **Assessment Centre**

- Our in-house qualifications and assessment centre aims to provide all staff with the training and support required for them to develop the skills and knowledge that are required to provide the best care to our young people through achieving professional qualifications.
- Registered with awarding bodies CACHE and Quasafe, our team of qualified trainers and assessors are equipped to deliver Level 3 – 5 awards in Residential Childcare, Training and Education, and Management and Team Leading, as well as a full range of First Aid qualifications.

### **Care on Call**

- Anderida's staff team are passionate about looking after children, they have extensive experience and training in many areas to include mandatory training i.e. H&S, First Aid, fire awareness as well as safeguarding, complaints and whistle blowing etc, they are qualified to a minimum of Dip 3 Residential Child Care and are skilled and knowledgeable in all aspects of their work with children.
- Anderida offer the services of our staff (mentors) to other organisations at times when they have shortages in their teams, which leaves them to require the need for specialist agency staff to support the children that they care for in their organisations.

Terms and conditions and conditions are available on request.

## **Our Vision**

### **Community (Family)**

We see ourselves as a family, and equally we recognise the families of our children, the love, the history, and identity that comes from being with those who gave them life and who they grew up with. We feel every child has the right to be part of a family and one family does not preclude another. We will actively seek out opportunities, for loved ones to have time together, to reconcile, to improve relationships, be safe together and to contribute to the well-being of our children.

**Quote:** 'It takes a whole community to raise a child' - African Proverb

### **Compassion (Love)**

We cultivate an environment built on warmth, support and kindness. Through love and compassion we are emotionally open to our own and others suffering and distress and recognise that a sensitive, nurturing approach provides us with the means to help others and with them we can identify how they can fulfil their own needs. At the foundation of our relationships is tolerance and acceptance of emotions without condemnation. This gives us the starting point at which to support personal growth, social change and provide love and care.

**Quote:** 'At the centre of nonviolence stands the principles of love' - Martin Luther King

### **Innovation**

Since its inception in 1991, Anderida has taken a fresh look at supporting looked after children and their families. They continue to be at the forefront of and contributing to new developments only utilising models with only the highest level of efficacy.

Anderida is one of a very tiny percentage of organisations that has been awarded The Investors in People Platinum award for their investment in staff, consultation and engagement with their teams. This has been central to the growth of the wide range of services under the umbrella of Anderida.

**Quote:** “The secret of change is to focus all of your energy, not on fighting the old, but on building the new” – Socrates

### **Respect**

The core of our organisation is based in respect; respect for our environment, respect for humanity, respect for our colleagues in wider agencies, respect for each other and respect for the families we support, appreciating their strength and courage in coming through adversity and being here today.

We demonstrate respect in our attitude to others, peacefully resisting harm, showing compassion, empowering those we work with, doing what we can to take care of our world and contributing to our community.

**Quote:** “The gift of respect is the most deserved, the least given, the greatest hope of humanity” – Ronavan Hester

### **Responsibility**

Here at Anderida, we act to resist all forms of oppression and discrimination. We carefully consider the impact of decisions and structures on every level and where we can identify they are causing unnecessary harm to groups or individuals we have the courage to speak up and effectively challenge.

We take our responsibilities seriously and take a strong stance on all forms of racism inclusive of sharing and perpetuating racially biased propaganda.

We have passion and motivation to change the world. We are members of Amnesty International Youth, support Friends of the Earth campaigns and are members of the Children’s Rights Alliance.

**Quote:** ‘Unless someone like you cares a whole awful lot, nothing is going to get better. It’s not!’ - Dr Seuss

### **Empowerment**

Anderida recognises the value and need to provide enabling environments for all. We work together with children, families and each other to empower those who have been marginalised to recognise their value and impact, to know that they are heard and are able to build on their resources to find stability and effect change.

**Quote:** “How wonderful it is that nobody need wait a single moment before starting to improve the world” – Anne Frank