



About yourself

In a short paragraph, please tell us about yourself (you may wish to talk about; your interests, what pronoun you'd like to be referred to as, the nationality you identify with, family, gender)

Hi, my name is Erica Castle; I use the pronouns 'she and her'.

I've been at Anderida for 21+years and am one of the non-sharing directors here at Anderida and have worked in Health and Social Care for 34 years.

I am married with a 12-year-old daughter. We have recently taken up sea swimming (only since the weather got better) and love long walks and foraging for wild food, then cooking what we have found.

I love a holiday in the sun, don't we all, so have embraced camping since international borders have been closed!!