



## ANDERIDA ADOLESCENT CARE

### SMOKING POLICY

All Anderida Adolescent Care homes are non-smoking buildings this includes all Anderida cars. Those wishing to smoke need to identify a safe time during their shift when they can leave the home to have a cigarette, using the back gardens or going off site, this can at times mean that staff are not able to smoke during a shift, this is made clear at point of interview.

At no time will members of staff

- Give cigarettes to young people
- Smoke in front of young people
- Purchase cigarettes for the young people
- Facilitate young people purchasing cigarettes

Anderida mentors will promote healthy living with the residents of the homes and literature will be available in the home advising the young people of the risks of smoking. Mentors will offer positive incentives for young people to reduce/stop smoking as part of their A Points scheme and support them to attend appropriate health services in relation to this, there are a number of smoking cessation clinics locally and all mentors will ensure that they are aware of their whereabouts.

All mentors and young people are expected to respect this policy at all times. Any mentors who breach this policy may be subject to disciplinary measures/consequences.

Young people will be incentivised to reduce/ stop smoking through the A points scheme.

#### **E- Cigarette**

All of the above applies to e-cigarettes which are considered smoking paraphernalia and, in most cases, an alternative method of taking in nicotine. The home however may support young people to access these products (with parental consent) if it is part of a structured smoking reduction plan.