



## **ANDERIDA ADOLESCENT CARE**

### **POSITIVE RELATIONSHIP POLICY**

The aim of this policy is to support the Young People we care for to be safe, healthy, achieving, cared for, responsible, in control, and included in all decisions in relation of their life. Young people are to have someone to listen to them and not make judgement or discriminate against them. Mentors to feel confident and equipped to encourage positive choices and give guidance on poor choices. To praise, reward upon achieving a goal or effort of achieving a goal or to actively resist when there has been damage to relationships or house resources. To support mentors in providing opportunities in which Young People can excel themselves and have chances in which to share their concern with people in whom they feel safe with and can be trusted.

#### **Mentors Roles and Responsibilities in promoting, encouraging and maintaining positive relationships**

- To use all opportunities to commit to and further educate themselves in restorative, therapeutic interventions and child focused support – Meetings, group CBT/Supervision, NVR support sessions, and training etc.
- Mentors should make sure that plans should provide opportunities for Young people to have choice, and opportunities to build positive relationships
- Multi agency work to promote positive relationships and outcomes.
- Be willing to participate in positive activities chosen by the young person, even if this means stepping outside of their comfort zones.
- Value young people's decisions, listen to and support them in achieving and or expressing any concerns, support Young People in taking control.
- Identify opportunities to spend quality time with the child
- Develop an environment of mutual respect
- Support them in succeeding and grow confidence and self-esteem by setting realistic and achievable goals
- Demonstrate that positive relationships are significant and supportive.
- Teach young people the skills to interact positively with others in a social setting
- Work with families and those important to the child (where safe) to support positive outcomes.
- Maintain an environment of safety and support, ensure all support plans are updated and all relevant information is logged accurately.