



## About yourself

In a short paragraph, please tell us about yourself (you may wish to talk about; your interests, what pronoun you'd like to be referred to as, the nationality you identify with, family, gender)

Hi, I'm Shane!

I grew up in Bexhill all my life but moved over to Eastbourne a few years ago with my partner (miles away, I know!). I am not very sporty; however, I do enjoy lifting weights! What is there not to love about going into the gym, listening to some music, and picking up something heavy while blocking out the world?!